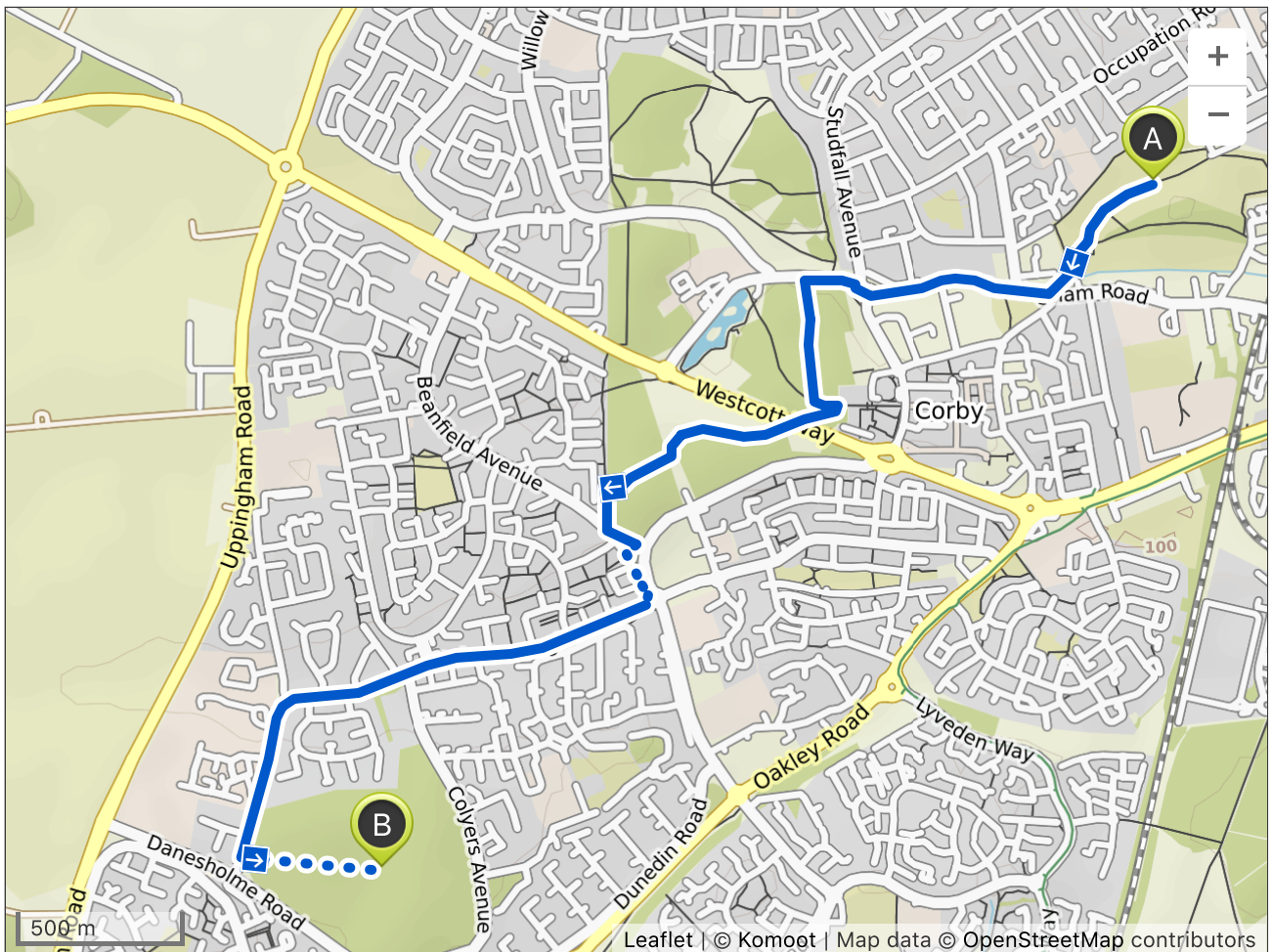
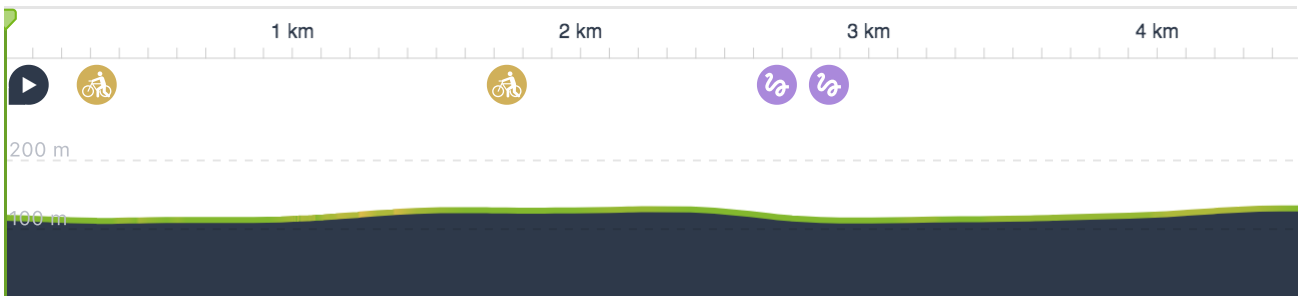


 **West Glebe to Kingswood**

🕒 00:31 ↔ 4.93 km ∅ 9.6 km/h ↗ 40 m ↘ 20 m



1. On access road head Southwest

For 324 m – overall 324 m



2. Turn left at the fork and follow Path.

For 146 m – overall 470 m



3.Right on Cottingham Road.

For 536 m – overall 1.01 km

---



6.Straight on Cottingham Road.

For 44 m – overall 1.15 km

---



7.Straight on Path.

For 85 m – overall 1.24 km

---



8.Left and follow Path.

For 366 m – overall 1.60 km

---



9.Left and follow Path.

For 73 m – overall 1.68 km

---



10.Right and follow Path.

For 791 m – overall 2.47 km

---



11.Left and follow Singletrack (S1).

For 123 m – overall 2.59 km

---



12.Left on Beanfield Avenue.

For 96 m – overall 2.68 km

---



13.Right on off-grid segment.

For 44 m – overall 2.73 km

---



14.Left on Beanfield Close.

For 105 m – overall 2.83 km

---



15.Turn left at the fork on off-grid segment.

For 67 m – overall 2.90 km

---



16.Straight on Gainsborough Road.

For 1.60 km – overall 4.50 km

---



17.Left on off-grid segment.

For 422 m – overall 4.92 km