#### Junior Leisure Club also includes...

Facility/ Court hire	Places to Play	How long can I play?	
Astro Turf (Football)	West Glebe Pavilion, Lodge Park Sports Centre (Bookable on the day)	1 hour	You cannot book in advance, Only on arrival if available
Tennis Outdoor court	West Glebe Pavilion	1 hour	Booking required for all activities.
Table Tennis	Lodge Park Sport Centre	1 hour	
Short Tennis indoor courts	Lodge Park Sport Centre	1 hour	Lodge Park Sports Centre - Booking available only on the day or book in advance during school holidays and before 5pm.
Badminton	Lodge Park Sport Centre	1 hour	
Basketball	Lodge Park Sport Centre	1 hour	

#### How to join the Junior Leisure Club

Step 1	You will need to visit either Lodge Park Sports Centre or Corby International Pool reception to join.
Step 2	A parent or guardian will need to attend with you.
Step 3	Fill out at Health Questionnaire and a parent or guardian is required to give written consent
Step 4	A parent/guardian needs to fill out a Direct Debit form – bank details required. Payments are monthly and in advance pro-rata from day of starting scheme. No contract required.

West Glebe Pavilion 01536 204217
Hazelwood Neighbourhood Centre 01536 443171
Lodge Park Sports Centre 01536 400033
Corby International Pool 01536 464643
Priors Hall Golf Course 01536 260756

For full Terms and Conditions Visit www.corbyleisure.co.uk/junior-leisure-club

Just **£13.50** per month!

# **Corby Junior Leisure Club**

Available for 5-15 Years Old



Junior Leisure Club members can enjoy:

Swimming | Diving | Badminton | Tennis | Gym Golf | Table Tennis | Basketball Teen Fitness | Cheerleading Fitness Classes | Football Club | Kidz Klub



10% off SPLAT Holiday Club for all Junior Leisure Club members\*

\*Terms and conditions apply - see inside for more information.

To join, visit Lodge Park Sports Centre or Corby International Pool

NO CONTRACT REQUIRED
For further details contact **01536 464047**or visit **www.corbyleisure.co.uk/junior-leisure-club** 



#### Junior Leisure Club includes...

### Leisure Swimming Sessions:

Corby International Swimming Pool has a 50m 8 lane Main Pool with a spectator area, a 20m 4 lane Learner Pool and Fun Pool with pirate ship (under 8's only). There is also a 63m Aqua Tube Body Ride.

Leisure Swimming Sessions are available with Junior Leisure Club members for 5+ years during any leisure swimming session. All children under the age of 8 years must be accompanied by an adult aged 16 years or over. (admittance policy applies)

# Supervised Diving Sessions (6 yrs+):

Corby International Pool hosts a number of diving boards; 1m, 3m and 5m.

(You must be able to swim 25m)

Booking is advised.

# Group Exercise Classes (14+ yrs):

All sessions must be pre-booked, with parent or guardian in attendance and includes:

 All bodyweight group exercise classes such as Body Combat, Body Balance, Yoga, Pilates, Body Jam.

Excludes classes that require strength equipment such as Body Pump and Circuits.

#### Golf:

Unlimited use of the golf course all year round between times stated below:

- 11am-2pm Winter season (October to March)
- 2pm -7pm Summer season (April to September)

Subject to Availability Booking in Advance is recommenced

All children under the age of 12 must be accompanied by an adult aged 18 years + or over (admittance policy applies)

- Additional hire charges may apply -

#### Teen-Fit and Train Together (12 - 15 yrs):

Lodge Park Sports Centre (65+ station gym) and Corby International Pool (75 station gym) boasts up to date equipment and qualified instructors available.

- Teen Fit Sessions (Full Induction Required) – Supervised gym sessions using cardio machines such as Treadmills, Cross Trainers and Bikes. Also includes all resistance machines and suspension equipment to increase functional strength and core stability. Booking required.
- Train Together sessions Users
  can attend the gym at Corby
  International Pool and Lodge Park
  Sports Centre at any time of the day
  providing they attend with an adult
  over the age of 18 years. No booking
  required.

£13.50 per month!



#### Junior Leisure Club includes...

# Football Club (6 yrs +):

Hit the pitch and beat the boredom. Come and play football with friends.

Sessions are held weekly at Lodge Park Sports Centre, Astroturf Every Monday 5.30pm-6.30pm

### Steel Spirit Cheerleading (5 yrs+):

First session is FREE!

Join our Cheer Squad and learn:

- Skills, Stunts, Tumbling, and Jumps
- Cheers and Chants
- Cheer Dance and Pom Pom Routines
- Have the opportunity to perform at events and displays throughout the year

Sessions are held weekly at Lodge Park Sports Centre Every Thursday 6pm-7pm: Beginner/Intermediate 7.15pm-8.30pm: Intermediate/Advanced

#### Kidz Klub (6 yrs +):

Fun filled action-packed activity sessions. Games, drama, sport and arts & crafts.

Sessions are held weekly at Danesholme Community Centre Every Wednesday 7pm-8pm

### Kidz Klub 2.0 (6yrs+):

12 month rolling programme of activities including

- Spy Kids Laser Tag, Floor is Lava, Cryptic Clues, Obstacle Courses
- Fencing Engarde, Ready Fence!
- The Summer Games Track Field, Archery, Gymnastics
- Construction Club Lego, Den Building, Clay Modelling
- Fit Kids Circuits, Yoga, Boxercise
- Music Madness Strings, Sounds Singing

Sessions are held weekly at Lodge Park Sports Centre Every Thursday 5pm-6pm

Booking is required for all the activities above. Call 01536 464047 to reserve your place!

#### \*SPLAT Holiday Club

All JLC members can claim 10% off our SPLAT CLUB At Lodge Park Sports Centre for Year 1+ (ages 5-12)

This offer applies to Full Days, Full Weeks and Full Weeks for siblings. Just claim your discount when booking.

Visit www.corbyleisure.co.uk/splat-holiday-club to book online