Lodge Park Sports Centre

What are the opening times for the facility?

Please view our opening times

Do you offer parties?

Yes, we have two party options – Football or Sports Party. Visit our <u>website</u> for further details, to book please call Lodge Park Sports Centre on 01536 400033.

How do I book the Astro turf or sports hall?

Please call Lodge Park Sports Centre on 01536 400033 to book the sports halls or astro pitch. For more information, please visit our website: <u>https://www.nnleisure.co.uk/sports-halls</u>

Do you do block bookings for the Astro turf and sports halls?

Yes, please visit the <u>website</u> for more information and to book please contact reception on 01536 400033.

What sports clubs and groups run at the centre?

A range of clubs and groups run at Lodge Park Sports Centre including football, badminton, martial arts, dance, cheerleading, and toddler soft play. Please see the timetable or for call 01536 400033 for further details.

Health and Fitness

How do I get a GP Referral or arrange an initial consultation?

You can be referred by your GP, a Practice Nurse, Health Visitor, Physiotherapist or Dietician Specialist.

Go to <u>https://www.nnleisure.co.uk/activity-on-referral</u> for more information or contact us via <u>referrals.nnc@northnorthants.gov.uk</u> or 01536 400033.

Can I pay as I go for the gym and classes?

You can pay as you go to use both of our gyms, (Lodge Park Sports Centre & Corby East Midland Int Pool) all exercise classes and swimming pool. Further details and prices can be found at <u>https://www.nnleisure.co.uk/memberships</u>

Exercise class times?

Please visit <u>https://www.nnleisure.co.uk/fitness</u> for details of our Group Exercise Classes.

Teen Fit session times?

Please visit <u>https://www.nnleisure.co.uk/teenfit</u> for details of our Teen Fit sessions, timetables, and memberships.